

UPDATE

Edition: Sixty-three – March/April 2025

Editor: John Hayston.

Contact: Johnhayston1@gmail.com

A very warm welcome to those new members who have joined us since the last newsletter was sent out.

April Speaker

Unfortunately, Ken Wood was unable to give his talk due to illness. (get well soon Ken)
Luckily Gill managed to find a replacement at short notice, so we were very well entertained by Robert Hesketh, a local Writer and Photographer. His talk gave a vivid description of Smugglers and their antics around the Devon coastal areas in the 18th & 19th century, in particular Beer and the North Devon coast nearest to Lundy.

Robert has written numerous short guidebooks on the Southwest including Walks, Geology, History, Places of interest, to name but a few. Robert has a website which is well worth viewing

www.roberthesketh.co.uk

Our talk on 1st May is 'Truffle Farming in England',

Paul Dean's account of a business venture in Somerset undertaken by him and his wife Marion, arising out of health-driven life changes and bucket loads of enthusiasm.

Come along to our May meeting to meet Paul and hear his intriguing and highly personal story.

.....Truffle size comparison..... and Mufti the Truffle Hound.....



Note from the Editor

It is with a heavy heart that I tell you CVu3a long standing member John Chard passed away recently. He was a wonderful, kind and genuine good guy and will be greatly missed. He left a legacy in the CCA fields for Cullompton with his generous actions as a founding father. Rest in peace John

Stamps

Please bring your unwanted stamps to CVu3a monthly meetings, member Linda Grantham wants them to help raise funds for Guide Dogs for the blind.

News from Interest Groups

Theatre Cinema Music

Four of the group headed off to Theatre Royal Plymouth 20th March to see the latest Mary Poppins production, and “Boy o Boy” what a show.

Mary Poppins the musical must be one of the best rehearsed, precisely managed and expertly delivered pieces of live theatre I’ve ever had the honour to witness. It’s a massive, complex production with a sizeable company, many moving set pieces and a huge variety of scenes; yet every second of it is exquisite.



Soloists

Membership is now up to 18 members with a couple of spaces to fill if any single people are interested in joining us. We are a friendly bunch who like to lunch along with other activities.

We meet formally once a month (flexible dates) at different venues with good food to follow the ‘chat’. We discuss ideas for a wide variety of activities which reflect individual interests. Seven members met at the Agricultural Inn, Brampford Speke in late February for our monthly gathering. A lovely old pub with a good car park at the rear and outside dining areas so we will be back in the summer.



There was a lot of enthusiastic chat about the events which are scheduled over the coming months. From visits to Spring gardens (Castle Hill in April), the Bournemouth Symphony concert in late March, and the Royal Ballet screening of Romeo & Juliet. Of particular interest is a date in June for live music at the Exeter Quay provided by a semi-professional local group of musicians performing a mixture of jazz/blues called ‘Back at Nik’s’. A small number from the group sometimes join together for an activity. We all appreciate that it is almost impossible for everyone to be available at the same time on the same day.

Some of us are now working on days out to Plymouth and Wells. Lots to see and do at both places, more to follow as our research continues. We are keeping in mind the request from most members for things to do at weekends

'Our next gathering will be on Saturday May 3 at The Ashill Inn 1200. Planning is now well under way for the all-day visit to Wells cathedral and Bishops Palace.

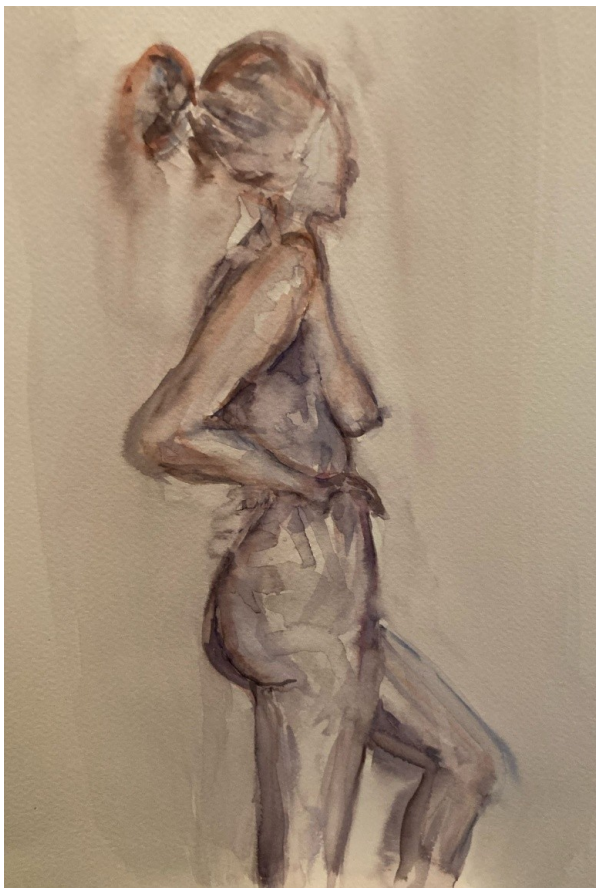
Further details to be finalised.

For more details about Soloists contact Jenny Day, Group Leader/Coordinator by email: jennyday@jdpr.co.uk



Art in Action

Plenty going on in the group, here's some art works created recently.





Behind the Scenes for 2025

All the following day and half day trips are open to all members. We're announcing the year's programme in advance to allow people to keep dates free but will not take bookings until each individual trip is announced by email. Exact costs and full details of timings and pickups will be provided at that time and are now able to offer a few more places.

Contact moirabwood@gmail.com if interested.

Paignton Zoo 8 May

This much anticipated trip is definitely going ahead and we're looking forward to talks from the Zoo's Conservation team plus informed visits to the Orangutans and another animal group with their knowledgeable keepers. The rest of the day is ours at leisure to explore the zoo's many other species from African lions to pygmy mice. Last minute enquiries to gill.sole@yahoo.com.

World Horse Welfare and Glastonbury 18 June

Another coach day out is offered with a morning visit to Glenda Spooner Farm, Somerset to see first hand the rehabilitation work undertaken at this centre, one of 4 re-homing centres run by the internationally respected equine charity World Horse Welfare. Afterwards we go on to Glastonbury for the afternoon, with time to enjoy lunch or tea and look around the many attractions the town has to offer. These include the medieval Abbey, said to have been the final resting place of King Arthur and the Somerset Rural Life Museum. Full details from gill.sole@yahoo.com

Friday 11th July - Lyme Regis

A day trip to Lyme Regis is planned with various options being considered. These include

- a guided tour of the Lyme Regis Museum
- a guided Beach Fossil Walk
- or simply a coach trip with free time to enjoy Lyme on your own.

Details of the different options and their associated costs will be communicated to gauge the numbers for each element so that we can make the appropriate arrangements with the museum and the coach company. Watch out for this email in the future.

Tuesday 2nd September - Royal Mint and Abergavenny

Morning coach to Abergavenny - 2 hours free time in this small Welsh market town.

Depart by 1pm to arrive at Royal Mint Experience, S Wales at 2.00pm.

Guided factory tour plus Interactive tour of Mint Museum (including bespoke museum talk from guide)
Shop/refreshments on site before return home.

Tuesday 4th November - Exeter Energy Recovery Facility

A repeat of the very interesting visit made in Dec 2024 for another 20 members to see how this Energy from Waste plant diverts our non-recyclable waste from landfill and contributes to Devon's successful recycling statistics as the second highest council in the country.

Gill, Moira and Paul, Behind the Scenes Group Organisers

Quizzing

Our March meeting saw Hazel and Martin Newman asking questions on a wide range of subjects, taking in types of fruit and veg, answers beginning with the letter F, the human body, 60s and 70s TV comedies, words containing the consecutive letters SH, and numbers.

World Poetry Day provided the theme for our team names, and it was the party going Ode to Gin foursome who came out on top this time, boosted by some useful knowledge of Bournemouth.

Our next meetings are on Friday 11 April and Friday 16 May at Willand Village Hall at 10.30.

Pétanque

We hardy types continue to meet on Fridays, weekly, enduring many combinations of different weather conditions and lately have revelled in the warmth of the sun! We gather at 11.00 a.m. in the Walronds House gardens, then play through until 1.00pm.

PETANQUE is our game, and we have much fun, leavened with a little frustration on occasions, as we pitch our wits and lobbin skills against friendly opponents, all in an endeavour to improve our prowess and finally, hopefully, master this “simple” sport!

Now that the clocks have moved forward one hour, in accordance with BST (British Summertime), our afternoon gatherings will commence at 2.00pm and aim to come to a finish by 4.00pm. Having said that, if anyone wishes to use the terrain at other hours, for practice “pointing” or “shooting”, then please do so, with pleasure.

Telephone enquiries to Richard Taylor on his mobile - 07816 337456.

It is pleasing to hear a report from one of our regular players, that the piste on the two new Pétanque lanes that our members assisted to construct 12 months ago and opened by CCA Trustee, Iain Emmett (see pic below) has continued to settle down well and has stabilised through the rather wet winter that's now behind us, hopefully! As our interest group numbers continue to grow, we will possibly choose to divide our weekly gatherings into two groups in some weeks through the summer, in order to provide everyone with an opportunity to play several games amongst our group members. Looking several years ahead, we hear that a new 5-lane terrain has been incorporated in the plans for the new Cullompton Cricket Club facility, now in the early stages of construction at the new site near KENTISBEARE! Great news!

(see below for pic of last April's Grand Opening - Iain Emmett cutting the green ribbon!)

Lastly, we invite all “UPDATE” readers to come and join us in the relaxing calm of The Walronds gardens, one Friday soon, to experience this absorbing, fun sport, known here as Pétanque, but in some other countries as the “Iron Ball” game! We have spare boules aplenty for beginners to use during their visit. See you soon?





Jazz – Live Music Appreciation:

April is proving to be, locally, a really exciting month; 2 car loads of “jazzers” enjoyed a great gig at the WIVEY HAS JAZZ CLUB, Langford Budville, Wellington, on 9th April, where an audience of more than 80 (with ages ranging from 7 yrs to 94yrs) were entertained by the all-female jazz band quintet, “HOTSY TOTSY! All in our group said, “Absolutely Brilliant!”



Now looking forward to Wednesday 16th April at GORDON’S JAZZ CLUB in Magelake Pavilion, Uffculme, when the equally amazing “SPATS LANGHAM HOT FINGERS” quartet are set to enthrall another large audience with their exciting music. This popular group is sure to fill the hall, so best book your seats ahead of the date!

That’s all the jazz notes for this month. Come and join us - why not - we have FUN!

Photography

We met last month at a local church where we had been promised access including the bell tower. We were all so excited at the panoramic pictures we would capture, but unfortunately the key holder for the tower did not turn up. We did contemplate picking the lock, but as we are a photographic group and not a lock picking group, we abandoned the idea. We did manage to take some beautiful

photos and I now have the home phone number for the key holder, so I am hopeful the promised trip will happen.

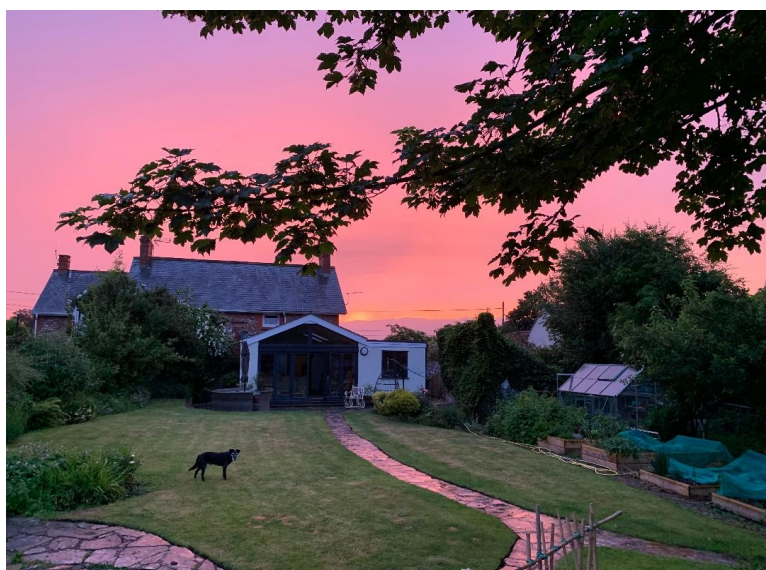
The topic we were challenged with last month was 'The Place Where I Live'. As you can imagine this produced many different parts of Devon. Some members took pictures of their homes and some the area they live. One person took a photo of their local pub!

However, we had an unprecedented occurrence. One person took all the votes except their own. When a group of photographers as a whole vote your pictures the best it is high praise indeed, so congratulations to Trisha Luxton.

Our next meeting is on Monday 28th April at 11:00 at the Lifeboat Station in Exmouth.

We will be taking the opportunity to photograph anything we fancy. I personally am hoping to take a series of pictures of ice creams. I think others will take it more seriously.

Below are Trisha's two winning photographs and a picture of her holding the magnificent trophy.



Creative Writing

Had lashings of coffee and delicious chocolate cake. We also shared our stories about 'Spring' and had a joyful mixture of stories and poems which entertained and educated.

With the combination of Hazels wonderful baking, we all had a jolly good afternoon.

We will be meeting again at 2.00pm Tuesday 15th April to indulge ourselves in cakes and stories. The subject for this month is 'The Trip'. Each piece can be no longer than 1,000 words, but can be fictional, factual or poetry.

Below is an excerpt from new member Linda's contribution. What a star she is turning out to be. We look forward to welcoming more new members to our group.

Sue Childs

Spring Is Sprung

Thinking back to my childhood, I spent hours running, skipping, hopping, riding. my bike, falling over and quickly jumping up again. We chalked squares on the pavement for hopscotch, hopping in and out of the numbered boxes, after throwing in a small piece of slate to the relevant box. OUT if we trod on a line or didn't get the slate cleanly within the lines of the box. Such fun. We spent hours playing two-ball up against a wall, singing the rhymes passed on to us by older children. We crouched, stretched, bending easily as the game demanded. We seemed to have springs in our joints; our limbs were flexible, with never an ache or pain. We were never bored. Without a doubt, we were in the springtime of our lives.

Linda J.R. McMillan

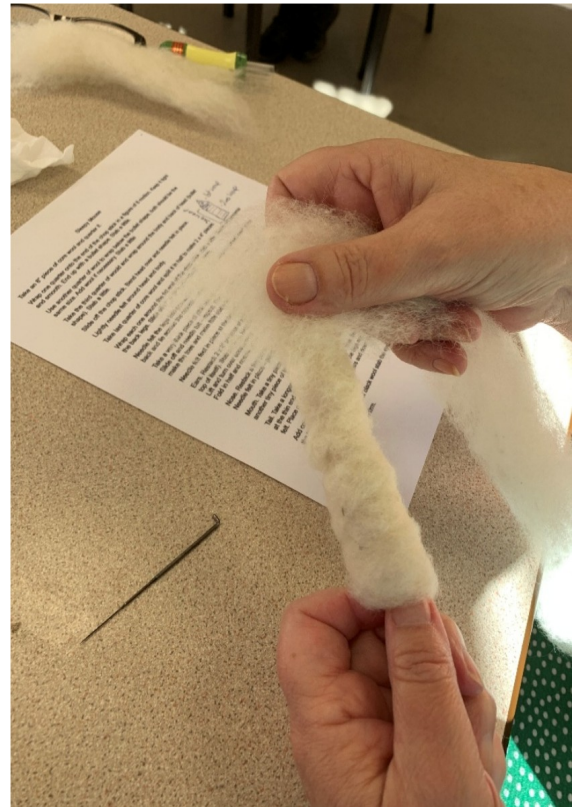
Craft

Sue Childs led the group in Snoozy Mice Needle Felting. The Craft Group has done needle felting in the past and it is always a favourite with the group, seeing loose wool being transformed into animal form! Mind you it isn't without its jeopardy as the needles are barbed and sticky plasters are an essential requirement.

The pictures show the progress being made and then Jean's bewildered cat looking at the rat that it can't remember killing and another one snuggled into her wet felted bowl. These sessions aren't just thrown together!! Thank you Sue and we look forward to a second session later in the month.

Lorna





Quilting

As usual, group members continue to work on various projects of their own. Some were finished this month - and some are doing the traditional thing, using up old scraps of fabric, from other projects to make beautiful quilts of eclectic mixes of colour and pattern design. The pictures speak for themselves. The possibilities in quilting are endless! ... and we love it!

Next month we are venturing on to a quilting technique named 'stained glass'. So, you'll maybe know what these quilts are going to look like, in next month's newsletter pics. One of our very dedicated members has kindly made up bespoke quilting packs for each of us, based on our own individual

colour choices. These packs will have all of the things we'll need to make the quilt. We are so blessed with willing and enthusiastic members.

The group is run by Lin Arnold and we meet on the first and third Tuesday of the month, - 9.30 to 12.30 in the Committee Room at Willand Village Hall. Anyone wanting more information can contact Lin on Impish4me@gmail.com or talk to her, directly, at the monthly meetings.



Group members have been set a challenge to create a quilt, with an Autumn theme - this will be raffled, with the proceeds being donated to charity later in the year.



The quilt blocks are in full swing of being made by each of the group members and will certainly feature some very different styles of quilting, all with the common theme of Autumn. We are all interested in seeing how it will all come together in the coming months. Here's some pics of progress so far.

It's hoped that many U3A members will participate in buying raffle tickets, to win this unique quilt -

either for themselves, or perhaps as a gift? More details will follow, nearer September.



Walk 20th March

From East Budleigh to the Otter Estuary Nature Reserve.

15 intrepid walkers enjoyed a really good 5.5 mile mainly flat walk in glorious sunshine on probably the first day of Spring 2025!

We car shared to East Budleigh to begin walking along country lanes and paths down to the Estuary. There was wildlife a plenty, still some wading birds, Herons and Egrets, little Egrets and lots of cormorants and a variety of different ducks. We walked around the nature reserve with views of the River Otter towards Budleigh Salterton and around the Estuary which



very well signposted with interesting information boards. We returned along the accessible estuary paths to East Budleigh and had a very enjoyable lunch at the Walter Raleigh Inn which is now a

is

successful Community Pub open Wednesdays to Sundays. It is well worth a visit and all the pub volunteers were very helpful and friendly, and the food was very good!



Walkers - 17 April starting at Feniton Railway Station, approx. 4 miles
A gentle walk with 2 short inclines and 1 stile, mainly on quiet lanes and paths across fields returning via the Escot House estate. Lunch afterwards at The Talation Inn. Contact gill.sole@yahoo.com.

Genealogy

It is good to be back into the swing of things after missing the March meeting due to a well-earned holiday with Paula!! We welcomed several new faces to the group and after a brief introduction everyone settled into the highs and lows of family research.

I mentioned in my last update that Stephen Dyer the u3a Subject Matter expert, has updated his Research Guide and his supporting notes on a range of specialist topics available to u3a members free of charge. If you have hit a brick wall with your research or just starting out, it is definitely worthwhile visiting the u3a website <https://www.u3a.org.uk/learning/subjects/genealogy> to view the Guide and contacting Stephen if you find something of interest.

While on the subject of Stephen Dyer do you read his monthly Newsletter? They are essential reading for all genealogy sleuths for example: -

The February issue mentioned an online worldwide event, 'RootsTech' (free of charge to take part) where you can learn from global genealogy experts. This site also produces a number of other free on-line genealogy workshops and presentations.

The March issue discusses the advantages of using DNA together with an online event run by 'Family Tree', who have also published a 100-page booklet entitled 'DNA Discoveries' and is a comprehensive guide to using DNA for family research.

The April issue covers the fallout from the bankruptcy of 23andMe and the steps you can take to secure your personal information.

There are also the usual updates from the commercial genealogy sites, highlights include: -

11 million new family history records including school records and shipyard registers from West Dumbartonshire are now available on Ancestry.

Welsh Catholic Baptisms, Marriages and Burials spanning 184 years, the Women's Land Army, Irish Huguenot Histories in the 16th and 19th centuries, are now available on Findmypast.

Lloyd George Domesday Survey Records for Essex with a new 'SmartSearch' functionality on thegenealogist.co.uk and the new Cousin Finder feature on MyHeritage.

The next meeting of the Culm Valley u3a Genealogy Group is on the 14th of June at Cullompton Library.

Walter

Tel: 07852 910549

Email: walterwlongden@outlook.com

Bridge

The Bridge Group meets on Thursday afternoons at Willand Village Hall and plays from 2-4pm (not the first Thursday of the month as it is the main u3a monthly meeting).

We bring our different levels of experience of the game, with some members having started from scratch in January. We have an enjoyable afternoon and recognise that whatever stage we are at, we are all still learners. Do come and join us if you like a bit, or a lot, of a mental challenge. We are grateful to Malcolm Boyack for sharing his experience and expertise with us.

Bridge is a partnership game for 4 players, but you do not need to come with a partner.

There are two parts to the game: a bidding process (an auction) to establish which couple think they have the best opportunity of winning. The couple who win the bidding process tries to fulfil their 'contract' which could be in a trump suit or in no-trumps.

The second part is a trick-taking game which has similarities to whist. From the partnership who won the bidding process, one person puts down their hand for all to see - 'the dummy hand' - and play commences...

Playing MINI-BRIDGE is a good way of getting started. It is a stripped-down version of the game with the focus on play rather than the bidding process. Give it a try!

<https://www.nofearbridge.co.uk/minibridge/>



Culm Valley u3a are holding a 2 day event on the 16th and 17th September 2025 which has something for everyone, whether you are new to the whole art thing and want to try different types of art, or you have enjoyed being creative for years!

The 2 days consist of a broad range of 8 workshops, an informal evening meal and an inspirational speaker.

The 2 hour workshops will be delivered by a team of inspirational and creative tutors who are looking forward to sharing their knowledge and skills with you in the following workshops:

- A Fresh Approaches to Still Life using Collage
- Discovering Unusual Ways of Working with Watercolour
- Exploring Soft Pastels
- The World of Gelli Printing
- Wet Felting a vessel / bowl
- Creating a Textile Landscape
- Starting out in Calligraphy and Lettering
- Creating Mixed Media Abstract Art

All workshops are repeated 3 times on the day they are running.

All workshops cost £12 to attend (or £6 for u3a members)

Following an informal evening meal on Tuesday 16th, we will hear from Cate Field who is joining us to talk about “Cultivating a Creative Mindset”. Cate delves into the transformative power of creativity and how it can enrich both personal and professional life. Drawing on her extensive experience as an artist and educator, Cate provides practical strategies and insightful anecdotes to help her audience embrace their creative instincts.

If you could help with this event by making refreshments / lunch, or helping with setting up and tidying up or acting as a host to show visitors where to go, please get in touch with Sue Hooper-Lawrie on shlawrieu3a@gmail.com.

If you are interested in attending any of the workshops and/or the evening session please email CelebratingArt2025@gmail.com

Uffculme Gardeners Association

U3a members have been invited to their meeting on Monday 12th May. It will be held in the Garden Room of the Village Hall starting at 7.30pm. Alan and Linda French 's talk is called Spring into Summer. Visitors pay approximately 50p. with free tea and coffee provided. The annual subscription is £10.00.

U3a members are also invited to join them on their summer visit to the magnificent Palladian House and landscape garden of Stourhead in Wiltshire. The coach will depart Uffculme on



Tuesday, 8th July at 9.30 am, returning approximately 5.30 pm. Entry to Stourhead is free to National Trust members, while non-members pay the group discount price of £17.70. The cost of the coach will be between £20.00 to £25.00

Please contact the UGA Secretary, Richard Coleman, on 07876451768 or r.e.coleman7@gmail.com

Linda Grantham

Prize Draw

A member of CVu3a Quilting Group has made this fabulous farmyard quilt and has decided to set up a prize draw in aid of the hen rescue charity - BHWT (British Hen Welfare Trust) - raising funds to rehome hens at the end of their commercial laying life and to promote better animal welfare.



The Prize

This fun and colourful farmyard quilt made from cotton can be used as a bed throw or as a wall hanging as there is a hanging sleeve on the reverse to insert dowling. The letters are edged with hand embroidery. Perfect for brightening up any children's bedroom, playroom or nursery.

The animal themed quilt measures 42"x 52" (approx 107cms x 132cms).

As a bonus there are a second and third prizes up for grabs. The second number drawn will receive an adult size apron with a chicken design and the third lucky number drawn will win a set of six matching chicken themed place mats.



How to Enter

Go to: <https://www.crowdfunder.co.uk/p/henmadeforyou>

To support BHWT please donate just £5 which will give you one entry into the Prize Draw. By donating up to £20 will give you four Prize Draw entries.

If you wish to enter the Prize Draw for free your entry should be submitted by Standard post (first or second class letter or postcard) or by Standard rate phone call or SMS.

The prize draws close on Friday 9th of May at 12 noon. There will be a computer generated random draw which will pick the winning entries and the names will be notified on both the Crowdfunding page and Facebook unless you choose to be an anonymous entry. Once chosen I will contact the winners using the email provided in the Prize Draw entries list.

I will then arrange for the delivery of the prizes directly with the winners.

Winners have a week to claim their prize. If the prize is not claimed within 7 days then there will be another random draw to select a replacement winner.

Please enter now.....and thank you to everyone for your donation and support. The funds raised will really make a difference.

difference.

.....it's all for The Girls!

Thank you

Rose and Friends
invite you to a



SPRING VARIETY SHOW

In aid of Devon Air Ambulance Trust

Song
Comedy at **The New Hall**
Tiverton EX16 6QP *Dance*
on
Saturday 3rd May 2025
at
7.30pm *Specialist Acts*

Adults: £13.00

Children: £8.00

(Under 16)

Tickets available from TicketSource
ticketsource.co.uk/spring-variety-show/spring-variety-show/e-rgeaqd

For more details contact Rose Chanin

07856057006

MUSIC THROUGH THE YEARS
PRESENTED BY
**WELLINGTON
SILVER BAND**



In memory of Miss April Hooper
on

Friday 9th May 2025, 7.30pm
at

Tacchi-Morris Arts Centre

School Road, Monkton Heathfield, Taunton, TA2 8PD

Featuring
Guest Soloist
Miss Emily Vernon



In Aid of  **mind**

Supported by Guest Choir
The Wyndham Singers

Tickets £11.00
Booking line: 01823 414141
or www.tacchi-morris.com



Printed by **carlypress**

Cryptic Crossword Workshop

Culm Valley u3a are extremely grateful to Graeme Cozens, a member of Tiverton u3a, for offering to run three 2 hour Cryptic Crossword Workshops. The offer was snapped up by 27 eager CVu3a members who will be joining Graeme for their respective workshops in April and May.

Mah-jong

Thank you to the 18 members who have shown interest in a Mah-jong group being set up. If you are interested but have not signed up yet please email Sue Hooper-Lawrie on shlawrieu3a@gmail.com to let her know. An Introductory meeting is being held on Tuesday 15th April at 10.30, at The Orangery, Bridwell, for those who can make it.

Interest Groups Information

Group	Contact Please click on name to email	Venue, Day & Time
Art in Action	Rachel Kingdom	2nd & 4th Monday each month 13.30 – 16.30 Club Room, Willand Village Hall
Beginners French Conversation	Terence McCarthaigh	Monday Fortnightly. Members home, Uffculme
Beginners Spanish	Micky Wood	Weekly at The Bakehouse, Cullompton
Beginners Jewellery	Julie Murphy	Contact Julie
Behind the Scenes	Gill Sole Paula Longdon Moira Wood	6 times each year
All trips will be announced by email and offered to all u3a members on a first come first served basis in future so as to give everyone the opportunity to participate. Given the different nature of the venues, we visit some numbers will be small and if over-subscribed we may be able to repeat the trip at a later date.		
Boules/Pétanque	Richard Taylor Mobile: 07816337456	Every Friday 11:00 and 14:00 Weather dependent
Bridge	Maggie Lambert	Contact Maggie
ITCG (Computers/IT)	Andy Arnold	1st & 3rd Wednesday each month at 15:00 The Hayridge, Cullompton
Colour Pencils	Sue Hooper-Lawrie	1st & 3rd week each month 13.30 – 16.30

Group	Contact Please click on name to email	Venue, Day & Time
		Club Room, Willand Village Hall
Craft	<u>Linda Arnold</u>	1st & 3rd Wednesday each month 9:30 to 12:30 Committee Room, Willand Village Hall
Creative Writing	Hazel Newman	Meet every 3rd Tuesday 14.00
Draw It!	Sue Hooper-Lawrie	2nd & 4th Thursday each month 10:00 – 12:00 Club Room, Willand Village Hall
French Conversation	Sally Graham	1st Monday each month at 11:00
French Conversation #2	Gill Westcott	2nd and 4th Mondays each month at The Bakehouse, Cullompton from 15:00 to 16:30
Gaming	Jean Turner	1st Monday each month 10:30 to 12:30 Club Room, Willand Village Hall
Genealogy	Walter Longden	2nd Wednesday each month 10:30 to 12:30 Hayridge Centre
History	Alison Waple	3rd Thursday each month plus various other days
Jazz Appreciation	Richard Taylor 07816337456	Contact Richard
Photography	Sue Childs 07398 686612	Last Monday each month
Quilting	Linda Arnold	1st & 3rd Tuesday each month 9.30 to 12.30 - Committee Room, Willand Village Hall.
Quizzing	Martin Newman	1st and 3rd Friday each month at 11:00 - Willand Village Hall
Reading	Sally Graham	3rd Thursday each month, 14:30 upstairs at Cullompton Library
Soloists (But not alone)	Jenny Day	Contact Jenny

Group	Contact Please click on name to email	Venue, Day & Time
Strollers	Elieen Turner & Jackie Sim	2nd Tuesday each month @10:30 4th Tuesday each month @10:00
Theatre/Cinema/Music	Daphne Dowsing Carole Eden	Contact Daphne or Carole
Ukulele	Terence McCarthaigh	Thursdays 10.00 -11.30 @ Markers Community Room, Uffculme, EX15 3DZ
Walkers (4-6 Miles)	Gill Sole	3 rd Thursday each month a/m

If you have an idea for an Interest Group, please get in touch with Groups Co-ordinator on email: cvu3agroupscoord@gmail.com

Contact Emails for current Executive Committee members:

Email	Current role holder
cvu3achair1@gmail.com	John Hayston
cvu3avicechair@gmail.com	Janet Bryant
cvu3afinance@gmail.com	Alison Waple
cvu3abussec@gmail.com	Lorna Knowles
cvu3agroupscoord@gmail.com	Sue Hooper-Lawrie
cvu3amemsecretary@gmail.com	Marian Luck

Monthly Meetings:

Monthly Meetings are held on the FIRST THURSDAY of each month, except January. The meeting starts at 2pm, with members arriving any time after 1.15pm. We hold our meetings at Willand Village Hall, Gables Road, Willand, EX15 2PL. Check monthly newsletter for more information about arrangements for upcoming meeting/s.

Suggested Venues for Group Meetings

John Tallack Youth & Community centre, Meadow Lane, Cullompton. Ex15 1LL.

Email: info@jtc.org.uk Website: www.johntallackcentre.org.uk

The Walronds, 6 Fore Street, Cullompton.

Email: Info@walronds.com Website: www.walronds.com

The Bakehouse, 3 High Street, Cullompton.

Email: enquiries@thebakehousecullompton.co.uk Website: www.thebakehousecullompton.co.uk

Phone: 01884 35222

The Steamer, Five Bridges, Cullompton.

Email: hello@the-steamer.co.uk Phone: 01884 904960

Willand Village hall, Gables Road, Willand. Bookings contact: Frances Wilcox.

Email: bookings@willandvillagehall.org.uk

Willand Football club 3 Silver St, Willand, EX15 2RG

<http://willandrovers.co.uk> Phone 0188433885 or 07870727120

Willand Health & Community Centre, (opposite Village Hall) Bookings contact; F. Wilcox

Email: info@whacc.org.uk

Cullompton Library, (part of The Hayridge Centre). Contact; Rachel Kidd.

Email: Cullompton.library@librariessunlimited.org.uk. Phone; 01884 824555

Go to <https://www.devonlibraries.org.uk/web/arena> to pre book a computer time slot by using the iCAM booking system or directly. <https://lu.imil.uk/Account/LogOn?ReturnUrl=%2fbookings>

Opening hours (Staffed): Monday-Friday – 09:00 – 17:00 Saturday – 09:00 – 13:00

Square Corner, The Square, Uffculme, Ex15 3AA: <https://www.squarecorner.org.uk/book-online>

Bridwell, Uffculme, is under new ownership and **The Orangery** is open once again. They are happy for large groups to meet there again. If you are planning to hold a meeting in the Orangery for 8 or more people, please email cafe@bridwell.co.uk to book the group in and let them know numbers and if you are planning to eat or not.

If you know of any other suitable venues, please let us know.

Deadline for items for UPDATE is always the 10th of the month.
Please send to johnhayston1@gmail.com